

### MISSION STATEMENT

*“East Toronto Family Community Centre is committed to improving the quality of life of residents primarily in the area bounded by Greenwood, Broadview, Danforth and Queen Streets. To this end, Eastview mobilizes resources from a variety of public, private and community partners in order to:*

- Provide a community place that is welcoming, safe and open to all*
- Offer programs and services to children, youth, families, older people and newcomers, and*
- Create opportunities for community members to build supportive networks, learn new skills, access resources, contribute expertise and develop tomorrow’s leaders.”*

### MEMBERSHIP

Membership is open to all and suggested, for a nominal yearly fee of: **\$10.00** for children, youth, adults & seniors or **\$30.00** for families

**\* Help Us Make a Difference in our Community!**

**\**Make a Donation***      [www.eastviewcentre.com](http://www.eastviewcentre.com)

**\**Volunteer***              Call Fiona (416) 392-1750 Ext. 303

**\**Join in our Activities***      (416) 392-1750 Ext. 300



# Fall Programs 2016

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[www.eastviewcentre.com](http://www.eastviewcentre.com)

### CONTACT US - Eastview Program Staff

Children’s Program.....	Ext. 315
Family Resource Program.....	Ext. 304 & Ext. 511
Food Access Programs.....	Ext. 307
Newcomer Services.....	Ext. 305 & Ext. 306
Seniors Services.....	Ext. 311
Tween Program.....	Ext. 316
Volunteer/Special Events Services.....	Ext. 303 & Ext. 318
Youth Program.....	Ext. 309 & Ext. 310
Youth Social Recreation.....	Ext. 313



## Senior Services

Eastview seniors are vital, active and involved in the community. The programs offered include information, referral, assistance with filling out forms, friendly visiting, security checks, fitness classes, karaoke, luncheon parties, day trips and tours, bingo, card games, computers, and special events. A health monitoring program is provided once in a month at Francis Beavis Manor.

**Services provided in Cantonese, Mandarin, and English.**

<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
Singing, Fitness Class & Information Services at Francis Beavis Manor * 8:30-12:00	Dance Group at Francis Beavis Manor* 8:30 - 9:30  Information Services, Friendly Visiting, Security Check (By Appointment)  Social Recreation & Information Services at Broadview Manor* 2:00-5:00	Dance Group at Francis Beavis Manor* 8:30 - 9:30	Singing Club at Francis Beavis Manor* 8:30-9:30	Chinese Senior Self-Support Group – Cantonese Opera Karaoke * 9:30-4:15 pm
Bingo/Card Games 11:00 – 3:00		Fitness Class & Information Services at Francis Beavis Manor* 9:30 – 12:00	Games/Bingo Luncheon Party 11:00-3:00	
Social Recreation & Information Services at Greenwood Towers* 3:00-5:00		Information Services Friendly Visiting & Security Checks (By Appointment)	Information Services/Security Checks/Friendly Visiting	

## Newcomer Services

**Newcomer Services** provide activities to help new Canadians in their settlement and adaptation to a new environment. English as a Second Language courses, Citizenship classes, community orientation workshops, translation, referrals, advocacy, information, interpretation, supportive counselling, immigrant women’s drop-in and employment information seminars are provided. *Services provided in Cantonese, Mandarin and English.*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Settlement Services (individual/group) 9:00 – 5:00 <b>Women’s Group 10:00 - 2:00</b> Computer Club (Beginner) 1:00-2:30	Settlement Services (individual/group) 9:00 – 5:00	Settlement Services (individual/group) 9:00 – 5:00  Immigrant Women’s Support Group 9:30 - 12:00	Settlement Services (individual/group) 9:00 – 5:00 <b>Women’s Fitness 10:00-11:30</b> Small Support Group 11:30 – 12:30 <b>Computer Club (Intermediate) 1:00 – 2:30</b>	Settlement Services (individual/group) 9:00 – 5:00  Meditation & Tai Chi 1:30 - 3:30
<b>Saturday</b>				
Badminton Club 9:30 – 4:00 <b>Women’s Drop-in / Workshops 12:00 - 1:30</b> Line Dance 1:30 –3:00 <b>Settlement &amp; Seniors Services 9:00-4:00</b>	Children’s Folk Dance 10:00 – 4:00		<b>Entry Level ESL 10:00 – 12:00</b> Citizenship Tutorial 10:00 – 11:30	

**Immigrant Women’s Support Group:** Health & Fitness, Social Dance, Parent-Child Relationships, and Crafts.

**Children’s Folk Dance:** \$7.00 per class(Members) , \$14 per class (Non-Members)..

**Meditation & Tai Chi Classes:** \$20.00 per month (Members) , \$40 per month (Non-Members).

For information call 416-392-1750 ext 305.

## Boys & Girls Club Children's Services

**An After School and Evening Program** for boys and girls aged 6 – 12. Gives children the opportunity to meet new friends, and develop skills while participating in activities such as computers, arts & crafts, and sports. Children can join special interest groups, attend socials & improve their academic skills. *READ UP! Literacy program runs Tuesdays 5:30 – 6:30*

Time	Sunday	Time	Monday	Tuesday	Wednesday	Thursday	Friday
12:00-1:00	Family Gym	3:00-4:00	Sign in, daily check in.				
1:00-2:00		4:00	Snack				
1:00-3:00	Adult Fitness 15+	4:10	Developmental assets				
1:00-3:00	Children's Games Room	4:15-4:30	Asset of the week Introduction & Discussion time	Journal writing & Homework assistance &	Reading	Homework assistance	TBA
2:00-3:30	Cooking for Girls (8-13yrs)	4:30-5:15	Monopoly Monday (Board Games)	Trivia Tuesday (Trivia games & Bingo)	Wacky Wednesday (arts & crafts)	Special event	TBA
1:15-3:15	Children's Craft	5:15-6:00	Group Games	Sports	20 min Fitness	C.A.T.C.H	Movie Friday
3:00-4:00	Children's Gym	<ul style="list-style-type: none"> <li>Special events are organized weekly. Snack is provided. Other cultural and recreation programs include day trips, piano lessons and more. Accredited by <b>High Five</b>.</li> <li>For more information on children's program, including special events programming (e.g. P.A. Day programming),</li> <li>Call 416-392-1750 ext. 315 and for information on Tween programming call ext 316</li> <li>Satellite programs – Earl Beatty P.S., Chester P.S., Leslieville P.S., Blake P.S. and Ralph Thornton Centre.</li> </ul>					
3:00-4:30	Cooking for boys (8-13yrs)						
4:00-5:00	Youth Gym						

### ***"Neighbourhood Sundays" Program 1:00-5:00 p.m.***

**Programs include**      ♦ Homework Help      ♦ Gym Program      ♦ Games Room  
    ♦ Craft Time      ♦ Movies

*For more information on programs offered for "Neighbourhood Sundays",  
 Please call 416-392-1750, ext. 300.*

## Community Food Services

**Food Bank:** An emergency service, where food is distributed to people in need of assistance.

**Food Sharing Group, Community Kitchen and Community Gardens:** - These are membership programs and are offered at various times. Please note Good Food Market on Wednesdays will run until the end of October. **Information,** call **416-392-1750 ext 307.**

<b>Tuesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Sunday</b>
Drop-in Lunch 12:00 – 1:00	Drop-in Lunch 12:00 – 1:00	Blake/Boulton Food Sharing (Every Second Week) Begins at 4:30 pm	Out of the Cold Sunday Soup and Social (Winter months only) 1:00 - 4:30
Food Bank - Families (Households of 3 or more) 12:00 – 2:30	Food Bank - Singles (Households of 2 or less) 12:00 – 2:30		
Community Kitchen First Tuesday of the month 5:00 - 8:00			

## Boys & Girls Club Youth Programs

Youth ages 13 - 18 are offered a wide variety of programs and opportunities to develop their leadership skills. Our objectives are to empower youth and introduce the principle of learning as a life long goal. Youth participate in activities that will enrich them culturally and personally such as pre-employment, and gender specific and special interest groups, as well as informal counselling and referrals. Youth programs are part of our **Boys & Girls Club**; youth participate in special events between Clubs in Toronto and across Ontario throughout the year.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
<b>3:00 – 5:30</b>	Gym: 3:00-4:45 (open)	GYM 3:00-4:45 Jr. EBA	GYM 3:-4:45 Football	GYM 3:00-3:45 Ball hockey	GYM 3:00-3:45
	Tutorial Group 3:15 -5:00	Tutorial Group 3:15 -5:00	Tutorial Group 3:15 -5:00	Tutorial Group 3:15 -5:00	Tutorial Group 3:15 -5:00
	Young Men’s Group (Fitness)	Piano 3:00-5:00 (Volunteer)  Young Womens 4:30-5:30	Young Womens 4:30-5:30	Eastview Expressions Group 4:30-5:30  Young Womens 4:30-5:30	Senior Leadership Group  Young Women’s 4:30-5:30
	Computer Room	Computer Room	Computer Room	Young Men’s Group	Urban Art Group 3:30-5:00
	Beginners Piano 3:15 -5:00		Beginners Piano 4:00 -5:00	Piano 4:00-5:00	Piano 4:30-8:00 (Matilda)
	Religious Diversity 4:00 -5:00			Young Women’s Group	
<b>Program Closed 5:30 – 6:00</b>					
<b>6:00 to 9:00</b>		Computer Room	EBA Sr. Basketball	Gym Youth Darts	Gym Volleyball
	Piano Lessons 6:00- 7:00	Gym Soccer	Torch Club 7:00-8:00	Piano Lessons 6:00- 7:00	Youth Movie Night
	Black Empowerment Group 6:30-8:00  GYM Basketball Clinic	Keystone Leadership Group 6:30-7:30	Video Game Night	Youth 14-18 Fitness (young women)	

## Family Resource Program

A comprehensive program focusing on supporting families living in our community. We are a satellite of the **Toronto-Danforth Early Years Centre**. *The programs that we offer are:*

**Family Program:** Active and creative play for children, (ages 0-5) focusing on early childhood education and *programming for accompanying adults*.

**Healthy Beginnings:** A program for pregnant women and their infants. The focus is on having the healthiest baby possible. A co-operative program with the Public Health Department.

**Head Start Program:** A program that through play, social interaction, arts & crafts, music, movement and drama, develops skills in children (aged 3 - 4) that will enrich and enhance their ability to learn and prepare them for school.

Monday	Tuesday	Wednesday	Thursday	Friday
Family Drop-In Program 9:30 – 1:00  Head Start 1:30 – 3:00	Family Drop-In Program 9:30 – 1:00  Head Start 1:30 – 3:00  ReadUP – 5:30 -6:30	Family Drop-In Program 9:30 – 1:00  Healthy Beginnings 1:00 – 3:30	Family Drop-In Program 9:30 – 1:00  Head Start 1:30 – 3:00	Family Drop-In Program 9:30 – 1:00  Dance 10:00 – 10:45  Head Start 1:30 – 3:00